To see an introduction to the All Community International Constellation Process read Blog #1

Blog # 3

Before the Conference: Preparations for the Big Community Constellation (BCC)

For readers who are interested in a description of the constellation processes the planning team did on-line in March and April, here is the report:

Designing the BCC: Two Systemic Constellations

I offered to facilitate on-line constellations (SCW) [1] as a design tool for the BCC. We would make design choices based on information that came from the Field, using our whole body/minds. And we could do this on-line based in several

locations: Hungary, Germany and Canada. These were new ways of co-creating for the team.

The First On-line SCW: Finding the wording for the Theme of the BCC

In the first SCW we looked at how the themes we were discussing would be received by the Field and the IEC conference. The structure was a timeline from Past to Future, with the marker for the Future of Europe placed in the Future. The elements for this SCW were the **Theme** represented by Barbara, Spirit of IEC conference (**IEC**) represented by Bence, **Participants** represented by Peter, and the date for the BCC, May 25, represented by a marker, placed in the Future.
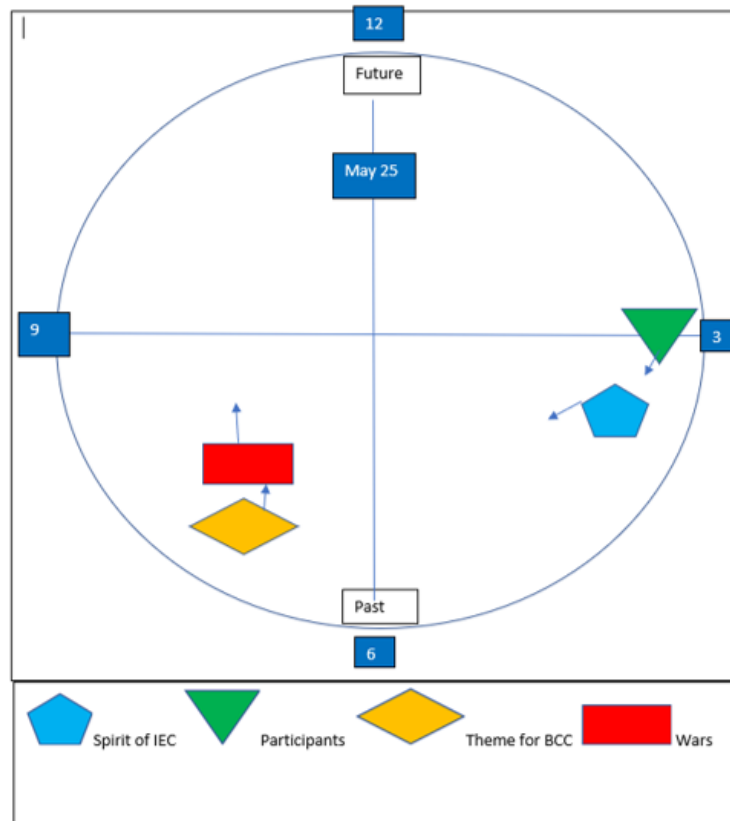

Diagram # 1- Theme SCW

The **Theme** said: "To go to the future we have to look backwards. We need to make peace with wars." A marker for **Wars** was added close to the Past. **Theme** then moved behind **Wars**. **IEC** and **Participants** were close together, looking at **War**. **IEC** sensed he was a bridge between **Wars** and **Participants**. The **Participants** were afraid of **Wars** and said they needed **IEC** to lead them into Europe's Future.
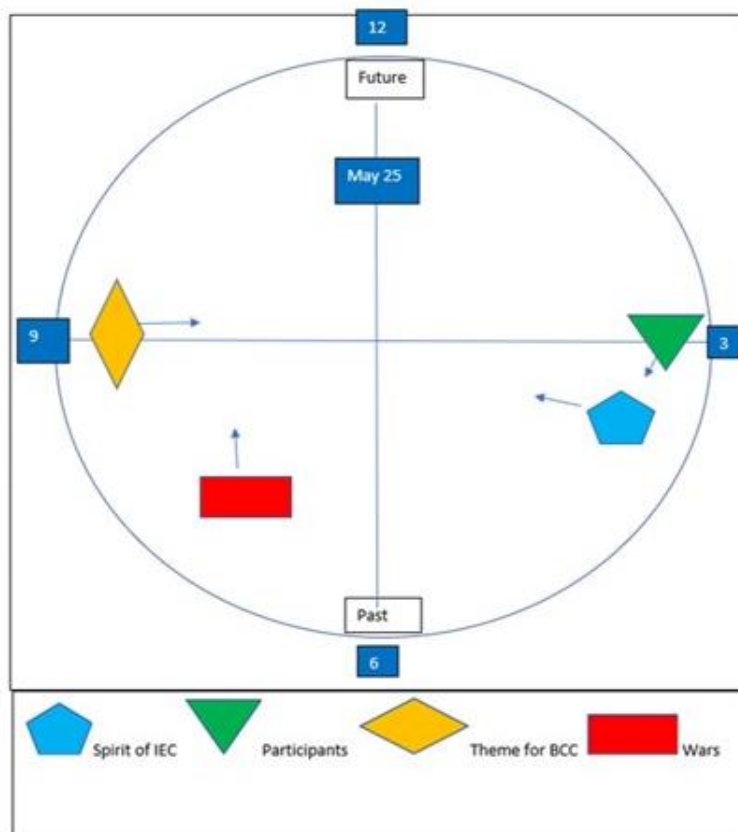

Diagram #2 -Theme SCW

The **Theme** moved from behind **Wars** to be able to look at **IEC** and **Participants**. "We need to dance joyfully together, dancing creates connectedness."

IEC said: "I am here, connecting partnerships. This needs time. Not a long time, just enough time. I am here holding space with enough time to make peace." He noticed that there was an intergenerational "war" showing up between the older generation who believe they have stuff to clear up and the younger generation who feel we can face the Future without cleaning up the Past.

And the **Theme** needed its title to not be something about peace in opposition to war, rather a more inviting title. The **Theme** felt herself come into focus around Unity, the Unity through relationships, so the title for the theme became: **Restoring Peace in Europe: moving towards unity.**

The new **Theme** and **Participants** could then move from opposite sides of the Field meeting near the center and closer to the Future. **IEC** was closer still to the Future and said, "I pull everyone towards the Future."

We agreed that the purpose of this BCC was to foster peace in Europe by seeing and removing the obstacles to peace and supporting connections between humans. As the **Participants** said, "When we feel each other, know each other, feel we are one network, then there are no wars."
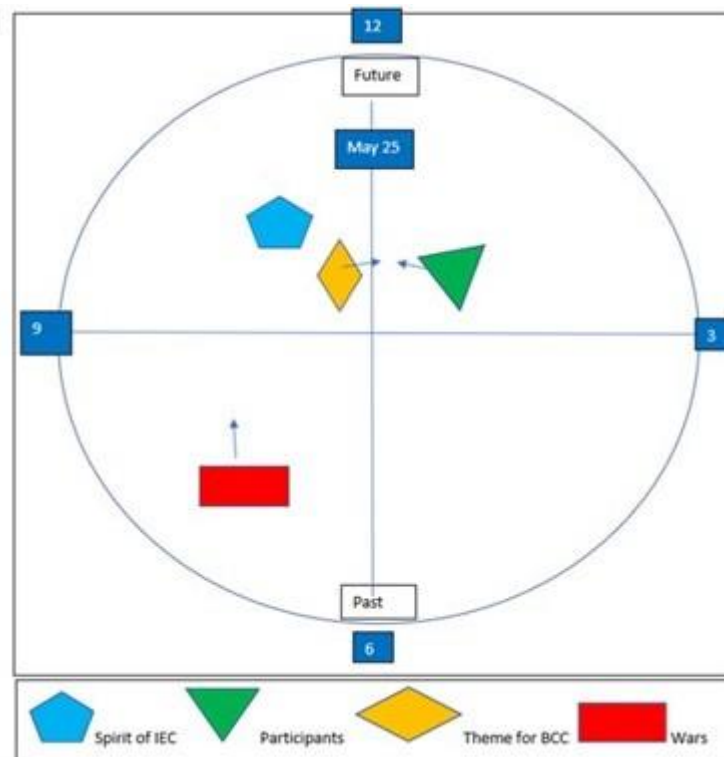

Diagram #3- Final image for Theme SCW.

The second on-line SCW: Naming the elements:

We again used the SCW process on-line in order to check which elements would be represented in the Field. We used a circle diagram with Past and Future as the vertical axis and No on the left side and Yes on the right side of the circle. We

imagined all the representatives for the nations on the outside of the circle, holding space.

As a way to start testing which of the named elements should be included, we used the list of elements from IEC2016 to which we added elements that we intuited needed to be included in this constellation.

Members of the Team each had our own "map," we wrote the name of each element on paper, and then representing elements one-at-a-time, we tested whether it belonged in the Field (Yes or No).
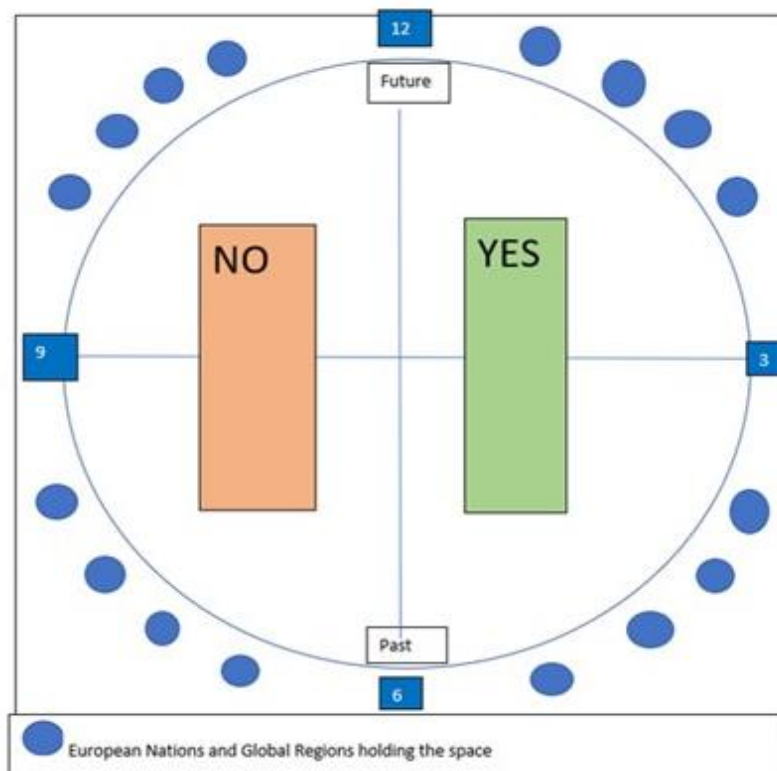

Diagram # 4- Elements

We shared our findings with each other and selected the elements which we all agreed should be included. The final list:

48 named representatives: Gaia, Spirits of Peace and of War, Soul of Europe, Love; **the people from the European Regions** — North, West, East, South, Central

Europeans; **the People from the Continents** —Africans, Asians, North and South Americans, Australians; **Supportive Energies** —Consciousness, Self-esteem + Forgiveness, Respect, Diversity, Culture, Safety, Abundance, Beauty, Dignity, Responsibility; and **Adverse Energies** — Fear, Exclusion, Shame, Dogmatism, Disrespect, Greed, Dishonesty, Capitalism, Colonialism, Nationalism, Terrorism; and **Group Energies** — Masculine, Feminine, Mothers, Fathers, Children, Ancestors, Migrants, Religions Politicians.

I enjoyed introducing the team to on-line constellations. Designing *through* listening to the Knowing Field makes sense when we are designing *for* a constellation process!

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[1] Diana Claire has developed a way of doing on-line constellations via ZOOM with multiple people in multiple locations each using a "clock" diagram as the symbol for and map of the Field. Each person puts the markers for representatives on their own clock so that everyone participating in the constellation is working on the same map.

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